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April 1950

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CANADIAN CAMPING

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MARY S. EDGAR,

Director, Glen Bernard Camp

The mother had finally located her offspring among the happy, grimy crowd of campers thronging the station at the end of the camp season. During the drive home, and all through the evening meal she was regaled with enthusiastic out-pourings of fun, adventure and friendships. When, at last, the camper-child was thoroughly scrubbed in a hot bath and tucked between clean sheets in her own bed, the mother came in for a final: "Welcome home and good night".

"Mother", said the still-bubbling camper, "I haven't told you *half*! I slept out under the stars all night—more than once. The universe seemed so *terrifically* big. I don't think it will ever seem small again!"

Then the mother began to understand something which had been puzzling her ever since the stampede at the station, when she greeted a daughter who, in the few short weeks, seemed to have grown up such a lot. Now she knew that for her child, horizons had been widened,—“the universe was so *terrifically* big.”

That is one of the things about the camping experience which must always continue to surprise parents and amaze educators. Camp should *always* be a place where children *grow*. In the shadowy forests and under the changeless stars, even a child can sense mystery and become aware of a larger world than she ever dreamed of in the sheltered confines of home.

"Sky be my depth
Wind be my width and height;
World, my heart's span
Loneliness, wings for my flight."

Nowhere is it more natural to enter into a spirit of wonder and worship than it is at camp. The handiwork of the Creator in its infinite variety is everywhere manifest. We would be dull and dumb indeed, if we did not pause sometimes in awe before the mysteries of life and growth and ever-changing beauty. Youth is sensitive and responsive to this world of wonder and appreciative of opportunities provided for them to "think on these things".

A morning service in a hill-top chapel when the day is shining and new, a vesper service beside a quiet lake when the sunset patterns the evening, a serious council hour around a glowing fire, when night closes in. All these and many more thought-provoking experiences carry over into later years, when the foolishness and hilarity of camp days are long forgotten.

The inspiration of religion is essential in life, and no camp reaches the height of its ministry to youth if it fails to give its campers a deepening experience of the Divine element in life. The most vital challenge in camp education is for its leaders to seek new and natural ways and means of interpreting to our boys and girls the spiritual significance of the world in which we live. When the camp season is over and our campers troop home, let us earnestly covet for each one of them a sort of spiritual legacy so that through the uncertainties of the years "the world will never seem small again", because they have glimpsed some eternal truths and are blessed with a sense of wonder.

CAMPING TRIPS

F. A. McDougall, *Deputy Minister,
Dept. of Lands & Forests, Province of Ontario*

The wilderness journey is a miniature exploring expedition. It is properly planned and is carried out with system. It leaves some mark on the land through which it passes and some impression on the mind of the young explorer.

Its proper development, execution and conclusion will help train the young camper in the logical approach to the problems of life. The trip is subject to certain rules of procedure and as these are known and used, so will the camper benefit.

The conduct of a woods' journey may be summarised under three headings: (1) The Preparation; (2) The Journey; (3) The Return.

1. THE PREPARATION

You are going on a journey away from civilization. You will need thorough preparation. A written plan is *necessary*. This plan will include the route to be travelled, the time-table under different conditions, the food required, the equipment necessary and consideration of contingencies such as accidents, sickness or loss of equipment or supplies.

Writing this plan under supervision will provide training in the food requirements of life, in what equipment is necessary and what is superfluous; in a managed trip as opposed to a haphazard one. The camper plans his journey and sees it grow to a finished project. For perhaps the first time in his life he writes a plan of procedure for something he intends to do.

The outfit should be carefully prepared. The written plan is put into being. The food is packed into individual food bags. Canned food is largely eliminated, for with it you are only packing water through a land of water. Packs are loaded so that no projecting pieces of equipment stick into the back. They are loaded only to where the sides and top turn in. *Everything* is put into the packs and no loose articles are left to be carried in the hands. Axes in sheaths, pails, cameras, every item of equipment except the paddles is packed. As an example: two men may start on a two-weeks' journey through the woods with two packs and a canoe—the canoe for one man to carry, the packs for the other—making three parcels for carrying over each portage.

2. THE JOURNEY.

The trip should be made easily. The journey once started should be a smooth and largely effortless trip. It should be a happy means of travel and not a painful one. And to be so, the group should know how to travel easily.

There was once a brilliant forester who, through the applause of his friends and by strenuous efforts, carried a canoe a mile without a rest; then two miles, four miles and finally six miles up hill and down over a bush trail without once setting it down. His heart was permanently strained and he died when just 39 years of age. He did not know the value of rest when travelling.

The party should arrive at evening in such a condition that, if necessary, they are able to start out again and repeat the trip. The party should go through the woods with time to see and enjoy the country through which they are travelling. A hatred of wilderness life and woods travel often comes from youthful experiences of fatigue and hardships which could well have been prevented by the intelligent use of rest periods and by a study of fatigue and its elimination during the journey. An example is the swank canoe flip where unnecessary energy is expended in flipping the canoe onto the shoulders, when it might better have been raised at one end, permitting the carrier to step under it and get it comfortably placed on his shoulders, before he started to carry. Over a few short portages the extra fatigue is largely unnoticed, but given long carries and a heavy canoe, it will rapidly drain the strength of the strongest. There are many other methods of conserving the strength of the camper which will suggest themselves to the chief of the party as he studies his trip.

The trip should be made with disci-

pline. When Lord Fisher was inspecting a tiny destroyer in the great British navy, he noted a motto over the door of the commander's cabin and asked the meaning. "Let them all come", answered the youthful officer; he feared no inspection.

When you travel in the woods, *you represent your camp; and by your conduct is your camp often judged.* Neatness of camp and campers will beget a pride in your trip and in the camp you come from. There is a weakening of civilization in the Wilderness; a tendency to become slovenly in appearance and in conduct. It must be known and consciously guarded against.

Robert Service expressed it aptly in his poem:

"I will not wash my face,
I will not comb my hair,
I'll just pig about the place,
There's nobody to care."

The trip should be made safely. You are the leader of an expedition and its safety depends upon you. You must take certain elementary precautions. You should know how to give first aid, and should have a small supply of first



Camp Kandalore

aid equipment. You should know the quickest way to secure medical aid if the need arises. When sending a message for help, be sure to transmit it as carefully as a wire, for queer things happen to a message when spoken to several persons as a telephone conversation only.

No risks should be taken with rough or fast water. Take pattern by the Indian of Northern Canada. He is not a swimmer. When he runs a rapids, he *knows* that he will come through safely—not that he *may* come through safely. When he does an apparently brilliant feat of rapids running, it is a sure thing with him. Your trip should be a sure thing from the safety standpoint. Lean to over-cautiousness when it comes to deciding alternate means of crossing a lake or passing a rapids. There should be no question of “perhaps”. You *deliberately* stack all the cards in your favour.

The well-accomplished trip does not make the front page. Only the failures and blunders resulting from poor accomplishment are recorded in the headlines of the newspaper. Good trips carried out with safety, care and good campcraft, should receive camp publicity. Mistakes and carelessness, if they do occur, should be reported to the camp director but not given camp publicity. *Travel with a knowledge* of your responsibilities. When you are in the woods you are the guardian of the forest. It is your property and you have certain responsibilities that must be cheerfully accepted. These duties are two: (1) To keep the forest safe, from fires; (2) To keep the forest clean.

Your Campfire: When you build it make it close to the water, in mineral soil and never on the windward side of a point or island in a strong wind. Drown it out with water when you leave and be sure to scrape the soil underneath to make sure there are no burning embers in the ground. Leave

a supply of wood for the next party.

If the fire escapes control, remain at the spot and do what you can to control it until help arrives. Do not leave the site of the fire. It is your responsibility and you must stay and face it. If it is convenient and possible, send someone to report it, so that help may arrive faster.

Their fire: If you find a burning campfire, put it out. If you cannot put it out, stay and do what you can until help arrives. Report all fires extinguished to the rangers and to your camp on your return. Only by knowing how all fires start is it possible to properly plan the fire protective system.

Your Campsite: When you move camp, leave the campsite clean and tidy. Should you come to a dirty campsite, do what you can to remedy matters. You own the property and use your initiative to keep it in proper condition. It would be nice to have rangers as chore boys to come around and clean up each campsite, but they have other work to do. With the continued development of camping, each party of young, healthy youngsters should be able to pass through a wilderness area and still leave it fit for the next party to use.

Know the law: Your duty is prescribed in the Forest Fires Prevention Act and in the Park Act when in a Provincial park. Under them you have certain legal duties. Find out what they are. These may be obtained from the Superintendents of Government parks or from the Government Departments of Lands and Forests.

The trip should have a purpose: A hasty scurrying from place to place without time for work, observation or reflection may perhaps break some record that will soon be broken again, but it is largely wasted mental and physical effort. The trip should leave some physical impression on the country, some work your hands have done that

will make the journey of the next comer easier. Even a few hours' work will make the trip have a purpose. You may build a dock, repair a dam, level a few feet of trail, construct a fire place. The land will be better for you having been on it. You made some physical mark on the country. Ever afterwards you will remember that trip by some little improvement you made on your route; photographing or sketching parts of the route, studying the flora and fauna or the rock formation of the country, surveying and mapping parts of the district make the trip of real value. Instead of doing the trip like a Cook's tour, you start out with a definite project in mind to be seen or done at a certain place. That job is the goal and the out trip is made with a feeling of anticipation and purpose: the return with a feeling of work well done. The trip justified itself.

3. THE RETURN.

The trip must be a finished project.
You are back in camp. Things didn't go just the way you planned. You saw

certain things you did not like; you made mistakes. Your trip is only finished when your experience is briefly committed to writing.

The abuses you saw must be reported; the work you did recorded; the omissions in your trip plan remedied. Only then can you write *finis* to your trip.

And in the mind of the camper there will remain the impression of an experience well conceived, properly executed, and finally reviewed in the light of the experience gained.

You are a part of the woods.

N.B.—Routes and information about canoe trips in Canada may be secured by writing to the Department of the Interior, Ottawa. Specify in what part of the country you are interested in travelling.



Camp Kandalore

BY EMBERGLOW

CHARLES E. HENDRY,

School of Social Work, University of Toronto

Taps had sounded. All was quiet throughout camp except for the steady flow of the Jumping Pound and the occasional howl of a prairie coyote. I lay on my cot reading by candle light.

Suddenly I was aware that footsteps were approaching. The flap of my tent was pulled back and there stood "Gabby" Dixon. He had his heavy pullover sweater over his pyjamas. Could it be that he was sick?

"What's up, Gabby? Feeling under the weather?" Gabby ran his fingers through his unruly black hair. He had a worried appearance. Something bothered him. He was sad, not sick.

"Oh, I'm all right, Jerry. I just wanted to talk to you about something."

It was a grand night outside. Somehow we walked almost automatically in the direction of the council ring, where we had had our Indian ceremonies earlier in the evening.

Gabby was a handsome boy of fourteen. In town he kept pigeons and was captain of the Wings team in his block. Two of the boys in the Wings Club were also in camp. Judging from their attitude toward Gabby he was anything but popular in his neighborhood. Frequently they referred to him as "the guy that elected himself captain" or "Gabby, the one and only". They also spoke of the night Gabby opened Tim Marr's pigeon cage for spite and let five pigeons get away.

I knew that Gabby was about the most unpopular boy in the camp. I didn't know, however, that his tent mates were making it very uncomfortable for him.

"Jerry, the fellows in my tent want to get rid of me. They have formed a secret club and won't let me in. Tonight they said they were going to sign a petition asking you to put me in another group". Gabby was brushing his nose with his sleeve. He was trying desperately not to cry, but his sniffling showed how near he was to tears.

"They try to sneak off on hikes and leave me behind and never let me play any of the decent positions when we play baseball."

We had reached the short barefoot trail leading to the council ring. Gabby had poured out his whole sad story. He presented a tragic little figure, lonelier by day than he was now, standing there in darkness, as I poked at the dying fire. Soon, however, with fresh logs added, the flames leapt up and lent an air of intimacy and security to the scene. We sat for a few moments quietly watching the fire.

I found myself thinking back over ten years of camping experiences picturing the campers whom I had known who had been up against this same problem which Gabby and I were facing tonight. There had been one or more such boys in every camp I had

attended, boys who were unpopular, who had no friends they could count on, who frankly were not wanted. Five years ago my advice would have told him to go back into camp and do something better than anyone else in his cabin even if it were merely to wiggle his ears better than any of the other boys. I certainly would have conveyed to him the idea that if a fellow is to be popular he must develop some special skill that will cause other boys to look up to him. Fortunately for Gabby's sake I knew better.

"Gabby", I began, "I think I have the very kind of information we need to help solve this problem of ours. Last summer a friend of mine made a study in a large boys' camp to see if he could discover what it is that makes some boys very popular and other boys very unpopular. There were about one hundred and twenty boys in this camp divided into twenty cabins of six campers each."

"Well," I continued, "each camper was given a slip of paper. On it appeared the names of all six boys in his cabin. Each camper was asked to rate each other boy in order of preference. That is, he was asked to put the figure '1' before the name of the camper he liked best, a figure '2' before the name of the camper he liked second best, and so on, placing a '5' before the name of the boy he ranked lowest."

"The fellows in my tent here would all put me last, I bet", Gabby interjected, indicating that he was following closely what I was saying.

I went on to explain how an acceptability score was determined for each camper. If a boy was ranked first by all the other boys in his cabin he was given five points for each time he was put in first place. That made a total of twenty-five points, the highest number a camper could possibly get.

Very few boys made such a high score. If a boy was ranked fifth by all the other boys in his cabin he was given

only one point instead of five for each time he ranked last place. That made a total of only five points, the lowest number a camper could possibly get. Very few campers were so unpopular that they received such a low score. Many, however, had scores of seven, eight and nine.

"When all the scores were known for every camper the thirty boys who had the lowest and the thirty boys who had the highest friendship scores were carefully compared. And remember, too, Gabby, that these boys had been together in camp and on canoe trips and hikes for nearly two months. They knew each other rather intimately."

Gabby sat with his elbows on his knees and his chin in his hands, gazing thoughtfully into the fire. Now and then he reached out to place back a log that had rolled to the side or stamped his foot upon a shooting spark.

"The thing that surprised me", I went on to say, "was the fact that it didn't seem to make much difference whether or not a boy had a good intelligence, or was good looking, or was an old camper, or was especially skilled in swimming, sailing, handicraft, riding or canoeing. The boy who was an expert canoeist or who was very good looking was found as frequently among the unpopular as among the popular group. Nor did it seem to make any noticeable difference whether or not the boy was older, or from a better-to-do family. By far the most important thing in determining whether or not a boy was popular was the boy's attitudes and behaviour toward the other campers."

"It was found, for instance, that the campers who showed off, boasted, bluffed and sought the limelight were the least liked of all the boys in camp. The next most disliked quality was uncooperativeness. Lack of consideration for others, selfish with food and belongings, bullying, quarrelsomeness and sneaky behaviour were other types of

behaviour that marked off the unpopular boy. Next in order of importance were thinking one is picked on, losing one's temper, carrying grudges and making excuses in order to escape unpleasant situations."

One could almost hear the thoughts that were going through Gabby's mind as I spoke. If he saw himself as his tentmates and I had seen him he must have recognized himself whistling each time before he dived just to make sure that others would see how well he could dive. When playing "spud" he invariably spoiled the game for the rest of us by deliberately stopping "dead" before the person with the ball called out "spud". During rest hour after the noon meal when he wasn't talking out loud he had his fish pole in action catching running shoes and other of the boys' belongings and pulling them all into his own bunk, later to return them by firing them at his companions. Perhaps he remembered how he acted on the first over-night hike when he went off and found the best spot to sleep and made up his own bed while the others shared in making camp and preparing the meal. Perhaps he heard himself giving his usual excuses when there was work to be done around the tent or when it came around his turn to help clean off the table.

Whatever were his thoughts he finally looked over at me and confessed that he was guilty of showing off and of looking out for himself before everyone else.

It became fairly clear as we talked together that Gabby's difficulty had its roots in his home background. He was quite sure that his parents favoured his older brother. Not only that, but his only uncle took his brother to ball games and on long automobile trips and never asked him to go along. His brother got better marks at school, too, and his father seldom failed to criticize Gabby when he examined his monthly reports. The praise seemed always to

flow in the brother's direction. Somehow no one expected much of Gabby except mischief and Gabby did his best not to disappoint them.

"We can't do much about the situation at home, right now, Gabby. We'll have to deal with that after camp. But tomorrow you've got to go back into your tent group and fairly win your way into the life of the group. You've somehow got to make them like you."

The fire was a bed of coals by now and the chill night air was beginning to make us just a trifle uncomfortable. It was nearly eleven when we finally stretched ourselves and began picking our way back to camp. The sky had become overcast with clouds. Not a star was to be seen anywhere.

"I've decided, Jerry, starting tomorrow morning, that I'm going to do three things," said Gabby earnestly.

"What, for instance?" I asked.

"I'm going to quit trying to be something I'm not. Do you think Don would really teach me how to do some of the harder dives?"

I assured him that that was why we had a swimming instructor in camp. "Don has mentioned that you have the habit of whistling when you are on the high springboard", I added. "He thinks you are a bit of a show-off".

"That", insisted Gabby, "is just what I mean to quit. From this minute on no one is ever again going to have an excuse to label me a bluffer or a show-off."

"Great!" I pressed his arm and pushed him forward and inquired what the other two ideas were.

"First thing I'm going to do when I get up tomorrow is to say to the boys in my tent that I know I've been a drag on the group and that I've decided to do my part willingly from now on." Then, with added emphasis, he said, "I'll make my bed and offer to do Terry's too, if he has to help the doctor

after breakfast, and then I'll do something extra around the tent that they don't expect."

"You've got the idea, Gabby. That's what Johnny meant the other night at campfire when he was talking about that motto he said he had taken from one of Galsworthy's books, "Be kind, and keep your end up'".

"That's just what I got thinking about myself", said Gabby with evident enthusiasm. "I guess the reason Alf and Justin are so popular is because they are all the time thinking about the other fellows first. I'd never have thought of getting up last night and starting out at three in the morning to bring in the juniors on account of that storm. But I suppose, as Johnny said, a fellow can learn the habit of being kind, just the same as he can learn the habit of putting the right arm in first when putting on one's coat."

"Yes", I said, "and what's more, once you have acquired the habit of thinking of the other fellow first it is just about as hard to do otherwise as it

would be to try putting on your coat starting with the left arm."

"That's my third plan". Gabby smiled. There was new determination in his lips that I had not seen before. "I wish I had thought up the idea of building Bambi that enlarged enclosure. I knew just as well as Milner that a growing fawn his size needed more room to run and jump. Funny, wasn't it, that I didn't think of it? Anyway, I'm starting right now to keep my eyes open."

We had reached Gabby's tent. Through the trees and shifting clouds a full moon was just coming into view. Nature had seemed to brighten up in response to the new light in Gabby's eyes. When I shook hands and said "Good night" I knew that Gabby had made good already. And when, on the last night of camp, we read the Birch Bark Honor Scroll at our closing campfire, it was the name of Gabby that appeared opposite the title, Most Friendly Camper.



Camp Kandalore

"The Old Camper"

W. JEAN FEWSTER,

*Nutrition and Homemaker Service,
Canadian Red Cross, Ontario Division.*

Nutrition has been going to camp for several years now—and indeed, is becoming an "old camper"! Directors and counsellors are happy to welcome this "camper" back each summer, for they are aware of the fine contribution nutrition makes to their camp. Camp meals should be just as carefully planned as recreation and other activities, because they contribute to the mental and physical growth and development of the camper equally as much as do other phases of program. Camp meals are helpful in developing good food habits. The "group spirit", essential in good camping, encourages campers to eat healthful foods. Boys and girls will drink milk, eat vegetables, citrus fruits and whole grain cereals and bread—foods which may have been neglected at home. At camp, away from the influences of home, if eating these foods is *the* thing to do, then who will fall in more quickly than members of the "gang"—regardless of what they have done at home!

Your camp offers a real opportunity! Even in ten days a good deal may be accomplished in focussing attention on these desirable foods. Your campers will learn much from what you tell them, but they will learn most through the meals that they are served, and by the **EXAMPLE** of their director, leaders and counsellors. In the everyday life of camp, and in special projects and adventures, your campers can put into practice what they learn about good foods.

There is more to this challenge than simply making certain that your camp meals are nutritious. They must also

be **GOOD TO EAT**—or all your planning loses its value. What do we mean by **GOOD TO EAT**? Such meals are:

CAREFULLY PLANNED (for contrasts in colour, texture and flavour).

PROPERLY PREPARED (using accepted methods, and above all, tasting before serving).

ATTRACTIVELY SERVED (moderate portions, neatly arranged).

Your camp offers an excellent opportunity for an educational program too!—Lively talks and discussions about good food habits will prove of interest to campers young and old. These will help your campers realize that good food habits are a vital part of good camping. Once this is accomplished, it will be easy to show them that good food habits are also a vital part of day living.

—Attractive and colourful posters may be featured on display boards along with other camp materials. (Many excellent posters are available, free of charge, from the Nutrition Division, Department of National Health and Welfare, Ottawa).

In your tuckshop, do you try to sell fruit in place of candy? If candy can be eliminated, so much the better. However, if candy is obtainable, please try in some way to limit the amount of sugar that each child may receive. This includes life savers, gum and pop, as well as candy and chocolate bars. Thoughts of tuckshops, of course, bring thoughts of boxes from home—and of how much better it would be for all concerned if these parcels of "goodies" were not allowed at camp.

Finally, do not forget to what extent you depend upon the attitudes of your leaders and counsellors in this whole matter of helping campers acquire good food habits. If your leaders and counsellors have a healthy attitude toward good food habits and their value, the campers under them will be wisely guided. If your leaders and counsellors make mealtime happy and cheerful, and enjoy eating all foods—new ones or old favourites, the campers will be quick to learn and to follow. Here are some "DO's" for you and your staff:

DO—Leave your own emotional problems of the day outside the dining hall. (They may even blow away!)

DO—leave the campers alone at mealtime as much as possible. Don't urge them to eat. Don't scold.

DO—remember that dessert is neither to be given as a reward, nor to be withheld as punishment.

DO—give the smaller children small portions of food. Let them ask for seconds.

DO—make associations with new foods happy, even though the child partakes of only a token serving.

Are the plans for your camp nearing completion? Remember that they cannot be COMPLETE unless NUTRITION has received ample attention in your detailed planning. Remember also, that at camp, regardless of our special abilities and favourite interests, we share the same goal—a healthier and happier camper. May 1950 bring us closer to realizing our goal.

Good camping to you!

Editor's Note:

In Ontario and Prince Edward Island, the Red Cross Nutrition Department offers assistance in planning camp menus, market orders and equipment lists. Nutritionists will also visit camps and give talks to the campers. Enquiries regarding this service will be welcomed at 621 Jarvis Street, Toronto 5, Ont.

and

62 Prince Street, Charlottetown, P.E.I.

In the other provinces, it is suggested that you contact your provincial department of health.





ERNEST A. CHAPMAN

He was well loved as "Skipper" by more than six thousand boys who were his campers during the forty-three years he directed Camp Kagawong. In the Ontario Camping Association, of which he was a past president, he was also greatly respected and loved by directors and counselors. But the name of Ernest A. Chapman will always be remembered by an even wider group, as a man of contagious enthusiasm and ever-ready cooperation. Because he greeted everyone he knew as a personal friend, it is as a personal friend that he will be sorely missed.

The large assembly of camp leaders at the closing banquet of the Ontario Camping Association stood in silence on March 12, the night of his passing, as the president, Ted Yard, pronounced a benediction which found an echoing response in all hearts.

*May the silence of the hills,
The joy of the wind,
The music of the birds,
And the peace of the fields
Be with our dear friend.
And may all those to whom his
parting brings
Such natural grief, be filled with the
strength
And faith he would have us keep.*

A meeting of the Board of the Canadian Camping Association was held in Toronto, March 12th. Miss Anne Vail presided. The treasurer's report was presented by Mr. Ernest Freedman and reports were given by the following

chairmen: Miss Dorothy Percival, Membership; Miss Mary S. Edgar, Magazine; Mr. Art Buckley, Public Relations; Rev. John Hoyle, Standards; Mr. Keith Cleverdon, Sites Development.

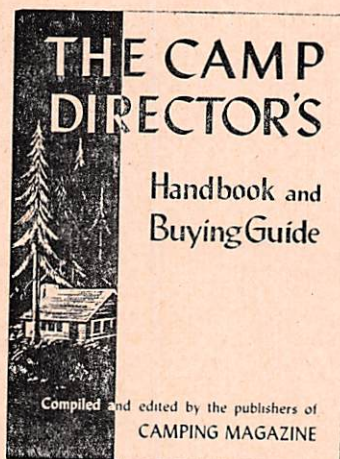
There was much discussion on ways and means of widening the scope of the camping movement and of offering greater service to individual members. Mr. Keith Cleverdon, a civil engineer and camp director, offered to prepare a series of short articles on practical subjects such as sanitation, sites development, etc. The first article will appear in the next issue of the magazine. Prof. Alan Klein offered a programming service and will answer letters directed to him at the Canadian Camping Association, 2035 Coursol Street, Montreal.



Miss Anne Vail, President of the Canadian Camping Association, is Executive Secretary of Iverley Community Centre, Montreal, and Director of Chapleau Camp in the Laurentians. Miss Vail is a graduate of the McGill School of Social Work

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The Editor Comments

Perhaps you have noticed in the index of "Canadian Camping", we list on the table of contents: "Our Friends—the Advertisers". It is possible our readers are not as aware as we are of our indebtedness to the business firms who buy space in this magazine. However, WE know that without their interest and cooperation, we could not offer to our members a printed magazine. It is true, of course, that camping is increasingly becoming big business and that theoretically "it pays to advertise", but in placing orders for camp supplies, it would be only fair to give special consideration to our selected and cooperative group of advertisers.

●

When Bernard Mason had to withdraw at the last minute as one of the key speakers at the Ontario Camping Association Conference, John Fisher was one of those who valiantly stepped into the breach. Not only did he address a general meeting of the conference, but he became so enthralled with the whole idea of the possibilities of camping, that he decided to devote his C.B.C. program the following Sunday to the subject. In his vivid oratory, he painted a very idealistic picture of what a camp could mean in character development. Perhaps the miracle does not always happen, but we should certainly be stimulated by an idealist's conception of our highest function as camp leaders.

Disk recordings of this speech can be secured from the offices of the Ontario Camping Association in Toronto or the Canadian Camping Association, in Montreal. This fifteen-minute eloquent story by John Fisher would certainly arouse enthusiasm and stimulate discussion in any gathering of camp folk. It is clothed in the language of poetry and can create the atmosphere of the camp-fire. Try it out at your next camp meeting.

THE CANADIAN RED CROSS WATER SAFETY INSTRUCTOR COURSES

These courses will be supplemented by others now being planned. An (*) after name of a course indicates that Refresher Sessions for qualified Red Cross Instructors will be held in conjunction with the regular course.

MARCH

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APRIL

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(two courses)
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April-May
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April-May
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Kingston, Ontario*
April 11th-13th, daytime

MAY

Montreal
Course for Canadian Camping
Association

JUNE

Camp-ecole Trois—Saumons, Que.
Verdun Municipal Pool, Quebec
London, Ontario
Sudbury, Ontario
Doe Lake, Ontario
Provincial Guide Camp

JULY

Kingston, Ontario
Women Teachers only
Haileybury, Ontario

Courses are planned for all other Provinces (except Newfoundland). For further information, apply to the Red Cross Water Safety Director of your Province or to the National Director, 95 Wellesley Street, Toronto, Ont.

NOTES from the Provinces

BRITISH COLUMBIA

The interesting news from British Columbia is that the Canadian Camping Association will have a section at the national convention of the Canadian Association for Health, Physical Education and Recreation, to be held in Vancouver, June 19th-23rd. The executive committee is making the arrangements for the section meetings, and has decided to plan a panel discussion on camping topics, to be held Thursday evening, June 22nd, in Stanley Park. Friday, June 23rd will be devoted entirely to the boat trip to Camp Elphinstone, where discussions may be held after luncheon. We hope that members of different provinces will be able to be present and will contribute from their experience.

ONTARIO

The Camping Section of the Department of Education in the Ontario Government is preparing minimum standards for summer camps. These, when formulated, will be applicable to all camps, commencing in 1951, and acceptance and observance of them will be a condition of securing a license to operate.

The Department of Education's Counselor-Training Courses and the subsidies for non-profit camps will be continued in 1950.

The Executive of the Ontario Council Girl Guides Association has decided to purchase an extensive property of about three hundred and seventy-five acres on Doe Lake in Parry Sound District, to be used as a permanent training centre for Girl Guide Camp leaders. The property was leased last summer and used by about two hundred campers and twenty-three staff members. The decision to purchase and develop this most desirable property will give impetus to the training of camp leadership in the province. The Doe Lake property will make possible the rental of a camp site by those Guide Com-

panies who have no camping facilities near home.

QUEBEC

In the Quebec Section we are busy with courses and conferences. A course in "Organized Camping" is being offered by the McGill Extension Department and will consist of ten lectures.

The forthcoming Camp Conference, March 31-April 1, promises to be one of the best we have yet had, and we owe much to the hard work of Mr. Sam Freedman and his committee, for the excellent program outlined. The key speaker will be Miss Catherine Hammett of New York. We are inviting the Eastern Section of the Canadian Camping Association as our special guests, and we hope our Ontario colleagues will attend as well. will captivate the interest of children

Camp Story Contest

Association Press and its Camp Resources Editorial Committee announce a camp story contest for the improvement of story-telling in camp. Association Press will pay twenty-five dollars for each of twenty stories to be chosen by a panel of selectors under the chairmanship of Mr. Melville Grosvenor, associate editor of National Geographic Magazine. These twenty stories will be published as a book early in 1951, *THE CAMPER'S BOOK OF STORIES*, edited by Hugh Allen.

HERE'S HOW YOU ENTER

THE CONTEST

1. Stories may be submitted by anyone connected with camping: a director, counselor, camper, a group, or an entire camp.
2. Each story is to be from 3,000 to 4,000 words in length. Shorter stories may be submitted and the committee reserves the right to pay a smaller fee for any shorter stories that are used in the book.
3. Accompanying each story should be a brief description of how and by whom the story was created.
4. The stories must be suitable for use with young people from ten to sixteen years of age. They may be

highly imaginative, or based on reality. They should be wholesome, entertaining, related to outdoor life, suitable to be used in camp, whether in the library, in the cabin group, or at the campfire.

5. Manuscripts are to be submitted to Dr. Hugh Allen, George Williams College, 5315 Drexel Ave., Chicago 15, Illinois. They must reach him by October 1, 1950. Three copies, typewritten, double spaced, are required.
6. Announcement of the twenty stories selected for the book will be made not later than January 15,

1951, and payment will be made at that time. Full payment will be made for each full-length story, even if the editorial committee finds it desirable to make changes in preparing it for publication.

Help get information about this contest and its conditions to all camp directors, counsellors, staffs, and others. Post this notice. Carry information about the contest in your bulletins and news letters.

Plan, now, to submit a story. Win \$25 and be one of the authors of the new book, **THE CAMPER'S BOOK OF STORIES**.

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REDBOOK MAGAZINE

230 Park Avenue

New York 17, New York

Read the article about the advantages of summer camping in the April issue of Redbook.

Book Reviews

NATURE CRAFTS: By Ellsworth Jaeger. Published, 1950, by the Macmillan Company, New York; available in Canada from the Macmillan Company of Canada, Limited, Bond Street, Toronto; pp. 128; price, \$2.98.

A copy of this book in each cabin group library will keep campers and counselors busy for hours. It is full of projects which develop from outdoor living and which are interesting to carry out. For example—a craft hut and its furnishings, buttons, whistle, fish hooks, driftwood novelties, games equipment, wood carving, use of plant dyes are outlined also. The directions are easy to follow and there are seventy full-page illustrations. This book is just what we need to help make use of the materials which are available to every camper.

—F. M.

THE CHILDREN'S BOOK ABOUT PULP AND PAPER: By Leonard L. Knott. Published, 1949, by Editorial Associates, 1222 University Street, Montreal and in Boston, Mass.; price \$1.00.

This book should be of interest to the younger camper. It gives a brief history of paper and a description of paper making from the selection of the trees to the finished product. This book, like "The Children's Book of Trees", by the same author, has very informative and amusing illustrations by Jacques Gagnier. This is a valuable book for camp or school.

—F. M.

THE CHILDREN'S BOOK OF THE GREAT LAKES: By Leonard L. Knott. Published by Editorial Associates, 1222 University Street, Montreal and in Boston, Mass.; price, \$2.00.

This book is another of a delightful series of books which add romance and

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fun to a wealth of facts about our own country. It is written in a style which will captivate the interest of children (and grown-ups) and the illustrations by Walter Ferrier are delightful. Public and camp libraries will welcome these "picture books", which give so much useful information in a most appetizing manner.

—M. S. E.

YOUTH AND JOBS IN CANADA:

By the Canadian Youth Commission.
Published by the Ryerson Press, Toronto; formerly priced at \$1.25, but while they last, 25 cents.
they last, 25 cents.

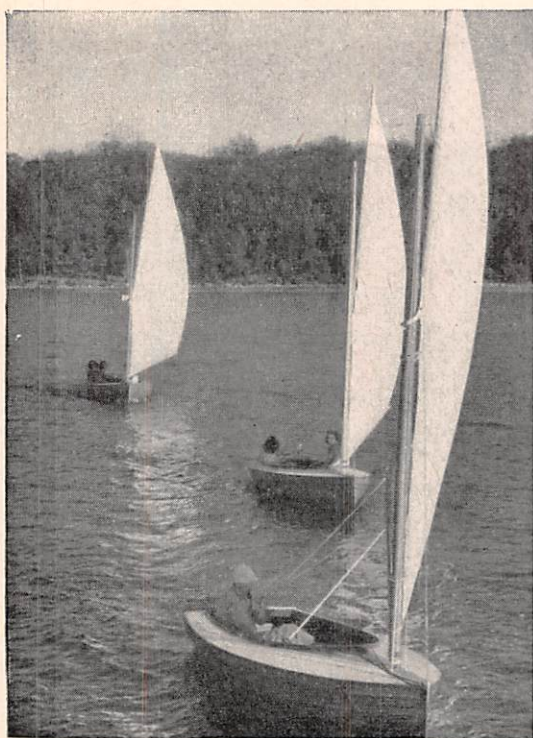
Although this book was published in 1945, it is not entirely out of date. It is based on a comprehensive survey of the main problems of young people

from 15 to 24 years of age. It suggests solutions to many of the problems which are still with us, and offers some guidance "as we go forward to the tasks of peace, with a measure of the courage and spirit of adventure which many of these young people displayed in war".

—M. S. E.

THE CAMP DIRECTOR'S HANDBOOK AND BUYING GUIDE, 1950 EDITION: Compiled and edited by Galloway Publishing Co., 705 Park Avenue, Plainfield, N.Y.; 116 pages; price in U.S.A. \$1.00, elsewhere, \$1.50.

This is the Third Annual Edition of the Handbook published by the editors of Camping. Changes have been made in editorial content, based on experi-



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ence of camping people in using previous editions, and much new material has been added. In addition, a completely new "library size" format has been adopted to make it easy for readers to keep the book on their shelves for ready reference.

The first section of the book is of particular interest, and is devoted to food and preparation, camp health practices, fire prevention methods, buildings and equipment, waterfront, crafts, land sports and games, dimensions of playing fields and courts, and a comprehensive bibliography of books on all phases of camp operation.

AUDUBON'S AMERICAN BIRDS:

Batsford Colour Books; published by Clarke, Irwin and Company, Limited, Toronto; price, \$1.30.

Sixteen beautiful, full-page plates appear in this book. They have been reproduced directly, and with remarkable fidelity of colour, from the first edition of J. J. Audubon's "The Birds of America", one of the finest ornithological books of all time. Several plates showing woodpeckers and wild ducks are notable for their sharp detail and will be of particular interest to Canadian bird lovers. Plates of the scarlet ibis, the flamingo, the spoonbill and the Florida Jay are strikingly beautiful, though, to Northern eyes, somewhat bizarre in appearance. Sacha-verell Sitwell contributes a lengthy but extremely interesting introduction which will be appreciated by all bird lovers.

—M. C. J.

INTRODUCING THE INSECT: by F. A. Urquhart. Published by Clarke, Irwin and Company, Limited, Toronto; price, \$5.00.

This is a book which will be welcomed by every camp director as a handbook for nature work. Designed for beginners, it will provide an extremely useful reference book for both counselors and campers. Surprisingly comprehensive, it ranges from grass-

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Dr. Urquhart is a Canadian, an Assistant Professor of Systematic Entomology at the University of Toronto and a Director of the Royal Ontario Museum of Zoology.

—M. C. J.

**SUPERVISION OF GROUP WORK
AND RECREATION:** by Hedley S.
Dimock and Harleigh B. Trecker.
Association Press. Price \$

This book would be invaluable to the camp director and all those who are in a supervisory position in camp. It starts with a statement of the reasons for supervision and continues with a thorough analysis of methods, job descriptions, record keeping, etc. It contains more information under one cover on supervision than one might find in fifty books on group work!

The chapter on selection of leaders for camp is most helpful, and should be read by every camp director each January!

The only adverse criticism which could be made is that the language is not straightforward English. It is very discouraging to the intelligent and well-educated layman to have to struggle with the technical language of the professional group worker, and I do believe that more would be read if it were made readable.

—M. G.





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TRADING POST

- THE CANADIAN GUIDER lists the *essentials* of a company meeting: These seven points could also be listed as the essentials of an ideal camp day.
1. Should be full of fun and laughter.
 2. Should be out-of-doors, if possible.
 3. Should contain the unexpected.
 4. Must contain something the girls (or boys) are good at, as well as that which they need to learn.
 5. Must keep the motto, "Be prepared", in mind.
 6. Should be as dramatic as possible.
 7. The patrol leaders (or campers) should run their share of the meeting.

CLAY MODELLING AND A PRIMITIVE KILN

A fascinating craft is the modelling of animals and birds from clay. The gathering of the clay presents an opportunity for a hike with a purpose, and clay deposits can be found in most localities. Dig out the clay in chunks and when taken back to camp, dry it and crush it to powder with a stone, eliminating sticks, grit, etc. The clay powder can then be mixed with water and worked into a suitable consistency for modeling with the fingers or with modeling tools made with a pocket knife, from close grained hard wood rubbed with oil or wax.

Little animals like bears and rabbits and frogs are easily modeled and for permanence should be fired. A primitive kiln can be made of a large tin can with four stones for a foundation. A hot fire is built beneath and over the can after the dried clay objects have been placed inside. This should be kept going for several hours, then gradually allowed to cool. After the

objects have cooled so they can be handled they are removed and wiped with a greasy cloth, or they can be painted later.

KLONDYKE DAY

Gold Rush Day was introduced to us by an American camper, and we have been grateful to her ever since. Of course, we adapted it (as no doubt you will too) even to the extent of calling it Klondyke Day. But the principles of the game remain the same.

Stones of various sizes are painted yellow, about five or more stones per camper. During rest hour these are hidden in a restricted area around camp, and immediately after rest hour, the search for gold begins. This is carried on for a limited period of time, say half an hour. We have made some rules such as:

"Gold placed in one's own cabin is safe."

"No one can steal from a person smaller than himself! (And we arrange for a cabin of R.C.M.P.'s to enforce the rules!)"

At a set time the gold is turned into

the bank, duly weighed, and paid for with paper money of an exaggerated value. Thereafter all camp activities must be paid for such as swim—five minutes — one thousand dollars, boat rides, etc.

Supper at our camp is served in three separate places. The Restaurant which provides a floor show, waitresses, etc., is the most exorbitant. (The campers have made an expensive shower bath a "must" for all gold diggers patronizing the restaurant). A hamburger stand caters to the moderately wealthy, and a soup kitchen with a Red Cross worker in charge, takes care of the indigent, of whom there are quite a number. The ingredients of the meals are all the same.

The evening ends with skits or a barn dance, or some such thing.

This play day gives great scope for individual cabins to participate in the preparations. Gold must be painted. Money must be minted. The R.C.M.P. must take over in proper manner and proper costume. The floor show and waitresses must be ready. The last two meals must be prepared out-of-doors.



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Once there was a camper
She was sometimes quite a pest.
Her family thought her perfect—
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Reporting home, her counselor wrote
"It gave us pleasure deep
To see your sweet, angelic child
In rest hour—sound asleep."

—M. S. E.

GOOD DEED

A scoutmaster ran across three of his most eager-beaver scouts on the street one day.

"Well, lads", he said. "What have you been up to?"

"We did our good deed for today", the boys cried in unison. "We carried an old lady across the street."

"It didn't take three scouts to carry an old lady across the street, did it?" the scoutmaster asked.

"Oh yes it did," one of the boys piped up. "She didn't want to go."

"The days that make us happy make us wise."

—John Masefield.

Chief Ben Calf Robe and Chief Lid-en Many Bears, of the Blackfoot tribe, went to Toronto. The two Chiefs checked into the Royal York and asked for their rooms.

"Have you a reservation?", asked the desk clerk.

"Oh, yes," the Chiefs replied gravely. "One of the biggest in Canada."

It's Wise To Supervise



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IN SUMMER CAMPS

COMPILED AND EDITED BY

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and

IRWIN HALADNER

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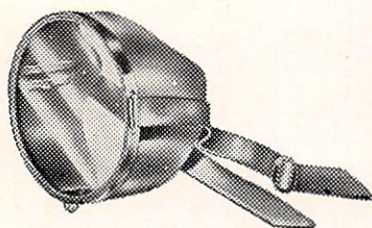
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